

# ACME Building Better Marriages 2009 Celebration

*"Games Couples Play"*



Saddlebrook Resort  
Wesley Chapel, Florida  
September 25-27, 2009



## Our Location:

This year's Celebration will be a real treat. Please join us for a relaxing weekend at the beautiful Saddlebrook Resort in Wesley Chapel (30 minutes north of Tampa, one mile east of I-75 at exit 279). Check out [www.Saddlebrookresort.com](http://www.Saddlebrookresort.com) for more information on their 500,000 gallon Superpool, European-style luxury Spa, Fitness Center, 45 Tennis courts and two 18-hole Arnold Palmer signature golf courses. Saddlebrook even offers a children's program. Be sure to ask for our ACME room rate before or after the Celebration event.

## Our Keynote Speaker:

Our keynote speaker this year will be Dr. Nick Hall, Ph.D. A medical scientist and professional speaker, Dr. Hall has been published in over 150 periodicals and featured on CBS's 60 minutes, BBC's Nova series and more. He currently is the team building coach at Saddlebrook Resort and has promised to take his research linking the mind and body and attribute this to marriage and relationships. Visit [www.drnickhall.com](http://www.drnickhall.com) for more information about his programs, books and audio series.

## Keynote Speaker ~ Friday Session:

*"We Know What To Do,  
So Why Don't We Do It?"*

Why don't we do the things we say we're going to do? Could it be we don't have time, are afraid of failure, don't believe we can...these are merely excuses. In this interactive session you will explore the obstacles that hold you back in your relationship endeavors and learn how to convert this frustration into an incentive for a successful marriage.

## Keynote Speaker ~ Saturday Morning Session:

*"Winning the Stress Challenge with your Spouse"*

Stress is good for you. It's a stimulus for physical, mental and spiritual growth. However, it is during times of recovery from stress when the growth actually occurs. Most people do not need less stress; they need more recovery. This program will describe your options and what is best for you and your spouse.

## New to ACME?

ACME (Association for Couples in Marriage Enrichment) is a non-profit, international organization headquartered in Winston-Salem, NC. ACME seeks to promote and provide enrichment opportunities and resources that strengthen couple relationships and enhance personal growth, mutual fulfillment and family wellness. Its programs are educational in nature and are not intended as therapy or counseling. For more information visit: [www.BetterMarriages.org](http://www.BetterMarriages.org) or [www.BetterMarriagesFL.org](http://www.BetterMarriagesFL.org) for the Florida state website.

Sally and Tim Glisson  
2424 W. Prospect Rd.  
Tampa, Florida 33629



# 2009 Florida State Celebration of Marriage

## Weekend Schedule

### FRIDAY, September 25th

- 12:30 Leadership Team Meeting
- 2:30 Leadership In-Service
- 4:30-7:00 **Registration**
- 7:00-8:00 Welcome and Keynote Speaker ~ *Dr. Nick Hall*
- 8:00 Social, Snacks and Cash Bar

### SATURDAY, September 26th

- Breakfast ~ *on your own*
- 9:00-4:00 Mini-Retreat (*see details next panel*)
- 9:00-12:00 Keynote Speaker ~ *Dr. Nick Hall*
- 12:00-2:00 Lunch ~ *on your own*
- 2:00-4:00 Workshop or Ropes Course  
(*see details on next panel*)
- 4:00-6:30 Couple Free Time
- 6:30 Cash Bar Opens
- 7:30 Sit Down Dinner
- 8:30 Dancing and Social Time

### SUNDAY, September 27th

- 8:30-9:00 Optional Worship Service
- 9:30-11:00 Sit Down Full Breakfast  
*Includes brief Business Meeting, and Celebration Closing.*
- 12:00 Checkout Time



5700 Saddlebrook Way  
Wesley Chapel, FL 33543

You must contact Saddlebrook Resort at 1-800-729-8383 ext.4401 to make your room reservations, get directions, schedule childcare, golf, tennis, ropes course, or spa. Room rates begin at \$110 + tax. Be sure to mention you are with the *ACME Celebration*.

**Refund Policy:** Cancel on or before September 4th = full refund of Celebration fee. Cancel on or after September 5th = 50% refund of Celebration fee. Please call Saddlebrook direct for their cancellation policy.

## Celebrations Activities

### SATURDAY, Sept. 26th

Mini-Retreat introduction to ACME  
9am-4pm includes a lunch break.  
Leader Couple: Pamela and Robert Samms  
Pamela and Robert have been married for 45 years. They live in Jacksonville and are an ACME Certified Leader Couple. The Mini-Retreat is strongly encouraged for couples new to ACME.

**All Workshops and Ropes Course will begin at 2:00 pm and end at 4:00 pm.**

#### Workshop A: Team Up For Fun

With all that life has to offer, it can be hard to have fun in your marriage. This workshop will help you and your spouse get your "Team Spirit" back into shape. Leader Couple: Anna and Don Orr. Anna and Don have been married for eight years and have been ACME Members for eight years as well. They live in Tampa.

#### Workshop B: Gathering a Gameplan

Explore ways to establish the "rulebook" of your relationship to help you and your spouse deal with the obstacle courses and reach a successful finish line in your game of marriage. Leader Couple: Patty and Troy Johnson. Patty and Troy have been married for almost eight years and have been ACME Members for eight years as well. They live in Clearwater.

#### Workshop C: Getting the Huddle Right:

##### *Communication on the Run*

Life is fast paced. When communication goes from connectedness to separateness, learn how to increase intimacy and defuse conflicts while discovering tremendous growth opportunities. Leader Couple: Doug and Mindy Johnson. Doug and Mindy live in Tampa, they are a newly ACME Certified Leader Couple and have been married for three years.

#### Workshop D: Saddlebrook Ropes Course

Built to interact with your spouse and other participants allowing for relationship, trust and marriage-team building. \$80/couple. Please contact Yvonne Bohannon at (813) 907-4470 to schedule.

### **Celebration Fee and Payment Information:**

Postmarked on or before August 25: \$205/couple

Postmarked on or after August 26: \$235/couple

(Fee includes Keynote, workshop, Friday snacks, Saturday night dinner-dancing, Sunday morning breakfast and all materials).

Contact Sally and Tim (next panel) for any dietary needs.

# Celebration REGISTRATION

Name(s) \_\_\_\_\_

(*please note names to be used for named tags*)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail: \_\_\_\_\_

Wedding Date (include month and year): \_\_\_\_\_

Are you a first-time Celebration attendee?  
(Circle) Yes or No

**Please Circle either the Mini-Retreat or One Workshop:**

Mini-Retreat 9:00-4:00 break for lunch

Workshops 2:00-4:00 (select one):

- A: Team Up For Fun—Anna & Don Orr
- B: Gathering a Gameplan—Patty & Troy Johnson
- C: Communication—Doug & Mindy Johnson
- D: Ropes Course—Additional \$80/couple

← Cut along dotted line, complete this form, mail, along with a check to Conference Coordinators:

**Sally and Tim Glisson**  
2424 W. Prospect Rd  
Tampa, FL 33629

Make checks payable to *Florida ACME*

Contact information about the Celebration:  
813/254-3205 or SallyGlisson@verizon.net

If you have any questions about scholarship money for the Celebration, please contact: Charlie & Debbie Parsons at 813-286-2406 or ParsonsCD@tampabay.rr.com.

Celebration information and Registration form are also available on Florida ACME's website at [www.BetterMarriagesFL.org](http://www.BetterMarriagesFL.org). Send completed form to Sally and Tim Glisson at the above address, along with celebration fee. Be sure to reserve your room and ropes course direct with Saddlebrook.